

# WHOLEHEARTED Community Newsletter

## February 2018

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This month, all songs will be posted on the website: <http://wholeheartedchorus.org>. Go there to get information about our schedule, download the latest newsletter or pay for the season.

**If you ever have a chorus related question, check there first.** ☺

This is a great time to invite new friends to join us! Drop-in singers are welcome any time until the last few weeks of the season. We have no attendance requirements, though what is created in our tribe and music with consistent presence has more continuity and more juice!

Our season culminates in two concerts and I invite you to sing with us at both of them. Participating in the concerts is always optional. Most of us find them to be very uplifting, heart-opening experiences for ourselves and the community. **The camping retreat is a true highlight of our season and we do a lot of learning there, so please mark your calendars now.** Much love, and welcome! *Lisa*

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## SPRING SEASON CALENDAR

**February 3** – Select Members of Wholehearted Sing at Monterey Museum of Art – 12pm & 2pm

**February 6** – Songs & Stories Night with Aimee Ringle – See Community Calendar

**February 11** – Big Sing Community Event at Hidden Valley, 10am – 4pm

**February 19** – Guest-led class in Monterey

**February 28 – March 18 – SPRING BREAK – No regular classes.** Special workshops may be offered by guest leaders during this time – stay tuned for details.

**April 7-8, 2018** – Wholehearted Spring Retreat Campout in Big Sur

**Friday, April 27** – Spring Concert at the Big Sur Grange

**Monday, April 30** – Spring Concert at Hidden Valley

**May 17-20 – Song Village Festival in the Santa Cruz Mountains.** This is not a Wholehearted event, but highly recommended! 4 days of singing with Lisa G and many other great song leaders. This will sell out. **Register now at:** <http://songvillage.net>.

**October 5-7 – Singing At the Edge: A Special, Property-Wide Community Singing Festival at Esalen Institute** with Lisa G., Ysaye Barnwell, Laurence Cole, MaMuse, Melanie DeMore, Barbara McAfee, Heather Houston and many more! Registration will open soon and this will sell out quickly! Stay tuned for registration announcements soon.

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## SPRING SEASON PAYMENT OPTIONS

Thank you for placing value on our singing experience together! I am grateful for your season payments and subscriptions which sustain our community. That said, I never want financial hardship to prevent your participation. If you are ever not able to contribute financially please do not let that stop you from coming. We have a scholarship fund and work trade opportunities! If you are able, I do request a \$250 season payment for our 13-week spring season from January 15 – April 30.

Registration covers all classes, concerts, lyric sheets, practice CDs, and the April camping retreat. You may pay Lisa directly with cash or check, or register online at <http://wholeheartedchorus.org>.

**Alternately, subscriptions** offer significant support to the community and are so appreciated. You can contribute a monthly subscription of \$65/month which covers all your drop-in classes and Wholehearted seasons for the year. Subscribers also receive a free private lesson. There is also a legacy subscription option of \$100/month for those who wish to offer a deeper, sustaining patronage to our community. Subscribe at: <http://wholeheartedchorus.org>. Or make one up-front annual subscription by cash or check (\$780 standard, \$1200 legacy).

**Partial scholarships** are available for those with financial hardship. Email your request to Lisa at [lisa@thebirdsings.com](mailto:lisa@thebirdsings.com).

**Contributions to the scholarship fund are deeply appreciated!** Please consider rounding up your season payment to \$300 to support other community members in need. Your sticker and merchandise purchases also go to support the scholarship fund.

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## KID'S CHORUS!

For the first time, we will have a children's chorus singing some songs with us this season. This opportunity is FREE and open to kids age 7 – 16. The following is our intended schedule for rehearsals, and kids are always welcome during our regular classes too. Please contact Lisa to register - we need a minimum of 8 participating kids. A small stipend is available for 1 or 2 teens interested in assisting. Kids are always welcome with us in our regular classes as well.

**March 19, 4:15 – 5:15pm** at UUCMP  
**April 2, 4:15 – 5:15pm** at UUCMP  
**April 9, 4:15 – 5:15pm** at UUCMP  
**April 16, 4:15 – 6:15** at UUCMP  
**April 23, 5:00 – 7:00pm** – at UUCMP

**April 27, 5:00 – 8:30pm**– Concert at Big Sur Grange  
**April 30, 5:00 – 8:30pm** – Concert at Hidden Valley

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## COMMUNITY CALENDAR

**Saturday, Feb. 3<sup>rd</sup>, Noon to 2:30pm – Monterey Museum of Art Family Day with Members of Wholehearted Chorus.** Lisa has asked a few senior members from each voice part to sing at this fun and FREE family event, and all are welcome to come and join in! Sing along with us, while you stroll the museum. We'll sing 2 20-minute sets at noon and 2pm.

**Wednesday, Feb. 14<sup>th</sup>, 4pm – Romancing the Sur, book-signing.** Meet author Linda Sonrisa Jones, at the Henry Miller Library, and learn more about *Romancing the Sur, Reflections on Life in Big Sur*. More information available at <https://www.facebook.com/events/908618899315643>

**Monday, Feb. 5<sup>th</sup>, 1 to 2pm – Winter Lecture Series with LaVerne McLeod.** Dramatic Author Presentation & Book Signing, by author/educator LaVerne McLeod, "honoring women who have made a difference in the creative arts." Monterey Museum of Art, 559 Pacific Street, Monterey. Free to MMA members, students, active military or 18 & under; 10.00 for non-members & enjoy museum browsing.

**Tuesday, Feb. 6<sup>th</sup>, 6:30 to 8:30pm – Songs & Stories House Concert & Singalong with Aimee Ringle.** We gather in the beautiful private home of Wholehearted Chorus members and Pilgrim's Way Bookstore owners Cynthia Fernandes and Paul Fridlund, for an evening with seasoned song leader and storyteller Aimee Ringle. Music, wordsmithery, drinks, and snacks provided.  
<http://thebirdsings.com/events>.

**Sunday, Feb. 11<sup>th</sup>, 11am to 3pm – BIG SING: A Day-Long Community Singing Event at Hidden Valley.** Registration for this event is now closed. We will welcome drop-in singers by donation for one hour from 2-3pm on the 11<sup>th</sup>.

**Thursday, Feb. 22, 7:30pm to 9ish – Class/Group on Connecting with Others.** Facilitated by Ted Hill, this fun and enlivening class/group will assist you to connect with others and yourself in a more meaningful and harmonious way. You will learn ways to soften conflict, develop more healthy, honest, warm, empathetic and open relationships with significant others, friends, co-workers, relatives and most importantly yourself. Call or text to reserve or for information. Event will be held at the Unitarian Church. \$5 donation requested.

**Saturday, Feb. 24<sup>th</sup>, Noon to 4pm – Singing in Circle with Melanie DeMore, Becky Reardon & Terry Garthwaite.** At the Community Congregational Church in Tiburon, CA. Tickets \$35-75 sliding scale at the door. RSVP to [terrygarthwaite@sbcglobal.net](mailto:terrygarthwaite@sbcglobal.net).

**Saturday, Mar. 24<sup>th</sup>, 11:30am to 3:30pm – Big Sur’s fifth Annual EARTH DAY FAIR.** Presented by B-SAGE (Big Sur Advocates for a Green Environment) at the Big Sur Grange. Environmental displays, great earth day music, healthy foods & crafts. Welcoming WholeHearted voices. Please bring cash for foods and craft items. Questions, contact LaVerne McLeod, Earth Day Fair Coordinator (831) 595-9692.

**Saturday, Mar. 31<sup>st</sup>, 7 to 9 pm: SAVE THE DATE for “Power of Song”** sponsored by, and held at, Monterey Peace & Justice Center. Leadership of this community event is by several Wholehearted Chorus members. Please join us for an evening of empowering and uplifting songs for raising your voice on current domestic & international issues of widespread concern. For further information: Ellie Kincade [elliekin@me.com](mailto:elliekin@me.com).

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## WHOLEHEARTED IS ON FACEBOOK

**Post your announcements and share your conversations in our Facebook group:**  
<https://www.facebook.com/groups/inspirechoir/> If you’re not a member yet, please send Lisa G Littlebird a friend request and we’ll add you. Go to the page to like and share posts!

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## FEBRUARY BIRTHDAYS

Sylvia Shih	2/12	LaVerne McLeod	2/20
Gabriella Perez	2/13	Jacqueline Kabat	2/21
Ellen Hall	2/19	Johnny Pierce	2/21
Caitlin Reclusado	2/20		

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## ANNOUNCEMENTS, ANGELS & APPRECIATIONS

I am so excited for another beautiful season with each of you and I want to express a special appreciation for our new members who are joining in. I am thrilled you have chosen to step in and sing! What a privilege and joy it is to share our voices and hearts together in this way. I truly believe we are creating healing for ourselves and others through song and I pray it ripples fully through our bodies, minds, spirits and community, traveling far beyond us.

A very special thank you to **Melissa Gordon** who has stepped up in offering some wonderfully skilled, responsive and much-needed administrative and technical support to me and the chorus. Thank you Melissa!

**From Nancy Stewart:**

Dear Wholehearted Choral Community,  
I share with you some sad news about Tony Peet. Tony passed away on January 23rd after a long and valiant struggle with depression. He sang with us for a season & joined us in one concert. I know in this time period his heart was lifted by our circle.

Tony cared passionately about personal growth and devoted countless hours to working on himself in addition to helping others. His big heart and generous spirit endeared him to his many friends whom he loved and who loved and cared about him throughout his life. In recent years, his friends at Breakthrough Men's Community and the Center for Spiritual Awakening in Pacific Grove were key to his well-being, sustaining him with love and support. He will be sorely missed by all whose lives he touched.

Please join us in for a Celebration of his Life at The Center for Spiritual Awakening in Pacific Grove. on Saturday Feb 11th @ 11:00am. After the reception we will go on "Tony's Walk" along the coast near the Gazebo in PG. Any memorial gifts in Tony's name may be made to the Center for Spiritual Awakening ([www.centerforspiritualawakening.org](http://www.centerforspiritualawakening.org)), the Ventana Wildlife Society ([www.ventanaws.org](http://www.ventanaws.org)), or the Esalen Institute ([www.esalen.org](http://www.esalen.org)).

Read Tony's full obituary here: <https://tinyurl.com/tonypeet>

May he truly Rest in Peace.

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## COMMUNITY ANNOUNCEMENTS & BUSINESS LISTINGS

**Want photos from the Fall Concert?** Contact Steve Bergman: [stevenbergman27@gmail.com](mailto:stevenbergman27@gmail.com).

**Threshold Choir of Pacific Grove** - Song Bath recipients are invited to get cozy and be nourished by gentle comforting songs in the middle of our song circle. We are also looking for new members to help us provide service in the community and to hospice patients. Call Susie if you're interested in joining or know of a community member who would benefit from bedside singing. 707-815-0745.

**Johnny's Love** ~ Crystals with Benefits ♥ Jewelry that will get you Compliments ♥ Custom Handmade Gifts ♥ Meet with me and you could cover a bunch of your Christmas giving from hundreds of choices for not much cash ♥ Johnny Pierce ♥ [831-277-9114](tel:831-277-9114).

**Tuesdays, 7- 8:30pm – Songs of the Spirit – Devotional Singing Classes with Lisa G**  
At the **Secret Garden behind Pilgrim's Way Bookstore** in Carmel, on Dolores Street between 5<sup>th</sup> and 6<sup>th</sup>. \$10-20 drop-in class, details and schedule here: <http://thebirdsings.com/classes>.

**Job Opportunities:** Monterey County (Salinas) in the Civil Rights Office (Office of Equal Opportunity) <https://www.governmentjobs.com/careers/montereycounty/jobs/1951661/associate-equal-opportunity-analyst>

*Submit your March newsletter listings by*  
**MONDAY, FEBRUARY 26** to [lisa@thebirdsings.com](mailto:lisa@thebirdsings.com).