

WHOLEHEARTED Community Newsletter

April 2017

All of our season songs are now posted on the website: <http://wholeheartedchorus.org>.

Season Singing Calendar

April 15 & 16 – Wholehearted Spring Singing Camping Retreat in Big Sur (more on this below)

April 29 – Big Sur Earth Day Fair has been CANCELLED

May 2 – Happy Girl Community Dinner after Monday singing

Friday, May 12 – Wholehearted Spring Season Concert in location TBA

Monday, May 15 – Wholehearted Spring Season Concert in Pacific Grove

May 18-21 – Song Village Festival in the Santa Cruz Mountains. This is not a Wholehearted event, but *highly recommended!* 4 days of singing with Lisa G and many other amazing song leaders. This will sell out! Register soon at: <http://songvillage.net>.

WHOLEHEARTED SPRING RETREAT – April 15 & 16

One of our biggest community highlights of the year is coming up! Please join us for this awesome campout and singing event with our awesome tribe. And April 16th happens to be World Voice Day!

LaVerne McLeod and her husband Ken have very generously donated their beautiful Big Sur property for our gathering, as our usual spot at Peter Harding's is currently inaccessible. It is conveniently located 30 minutes closer to Carmel & Monterey than Peter's and will be a wonderful site for us. RSVP's are REQUIRED for this event. Parking will need to be carefully managed so please read all the details and **RSVP soon** here:

<http://thebirdsings.com/2017-wholehearted-spring-retreat/>

Spring Concerts – Friday, May 12 & Monday, May 15

Our concerts are always a joy and I hope you plan to sing at both of them. Our Monday concert will be held at the Center for Spiritual Awakening in Pacific Grove as in past seasons, and due to the current challenges with road access in Big Sur, we will seek another venue for our Friday concert. A portion of the proceeds from the Friday night concert will benefit the Big Sur Grange. We are researching affordable venues with capacities of 200 people or more in Carmel and Monterey. Please let Lisa know if you have an idea and we will announce the location soon.

Wednesdays at the Big Sur Grange

Many of our Big Sur chorus members have been unable to reach us this season due to road conditions. Some are making the extraordinary effort to drive hours to join us on Mondays... such dedication! Our Wednesday evening classes at the Grange continue as usual though! We are a small but mighty group and it would be a very welcome addition if Monterey singers can join us for one or more classes in April and May to help us learn the parts. Come get a little extra practice in and support our Big Sur community with a Wednesday visit. The Grange is fully accessible and directions are on the website: <http://thebirdsings/classes>

Community Calendar

Sunday, April 2nd, 2-4pm- "Wake Up! It's Time to Dissolve Racism and Build the Bridges to Equality," with LaVerne McLeod hosted by the Breakthrough Men's Community and the Village Project. 1069 Broadway (near the Seaside Post Office.) Free and open to the public.

Sunday, April 23, 2-4pm – 6th Annual Sustainable Seaside Earth Day Celebration at Highland-Otis Park, (Mingo Ave & Highland St) in Seaside. Food, Live Music, and info tables. Contact Catherine at cm_crockett@sbcglobal.net or (831) 394-1915.

April 29th - EARTH DAY FAIR CANCELLED - Too many variables involved to create a productive event since Big Sur is still an island. To find out what Big Sur Advocates for a Green Environment is still engaged in, please contact lavernemcleod@gmail.com.

April Birthdays

Cheryl Fraenzl	4/1	Elizabeth Murray	4/5
Amber Kingery	4/12	Steven Yoo	4/22
Janette Moody	4/26	Christine Dawson	4/27
Mary Ann Vasconcellos	4/30		

Angels, Appreciations & Spreading the Love

A massive thank you to **LaVerne & Kenny McLeod** for hosting our spring retreat! We are so appreciative for this very generous offering and look forward to blessing your land with our voices. Thank you also to **Steven Yoo** and **Laverne Whitmill** who offered wonderful alternative venues.

I also want to give a big shout out to those who contributed such great songs for us to sing this season. I'm so impressed with the heart and talent in our tribe: **Sandoor Nagyszalanczy, Lily Buzzard, Michael Lojkovic, LaVerne McLeod & Rayner Marx.**

One of our fellow choir members, **Michelle Meeshy** is running on "Team Fire" in the Big Sur Marathon to fundraise money for a friend who sustained a spinal cord injury. She kindly asks for you to consider making a donation, no matter how small, to help offset medical costs for this lovely local photographer. Click here to donate: <http://www.relayforrachael.com/>
To read more about Rachael & her recovery, visit: <http://rachaelrecovery.blogspot.com/>

From Janette: Asante Sana (Thank you!!) to all those who have contributed to Magdalena's high school education in Kenya through co-sponsorship. I will be sending her tuition for May term this month and am still seeking 2 more sponsors (\$25/term or \$50 to finish out this year). Also, thanks to those who made one-time donations (that will help with the extras). I will be receiving a videoclip of Magdalena, which I will send out this month to those who are interested. Let me know if you'd like to join us. [831-915-0849](tel:831-915-0849) or janettemoody@comcast.net.

Community Announcements & Business Listings

From Susie: Song Bath Tuesday with the Threshold Choir: We have 2 openings for the April 25th Song Bath Tuesday, offered at 8:00 p.m. in Pacific Grove. Picture yourself in the center of an intimate song circle, covered with a soft blanket, stretched out in our comfortable reclining chair while gentle Threshold Choir songs are sung to you. That is a Song Bath, our gift. There is no charge for this service offered on the 4th Tuesday each month, we ask only that you receive. Please call Susie to make a reservation and to get directions. [707-815-0745](tel:707-815-0745)

Poetry in the Grove: On the 1st Saturday of each month, Poetry in the Grove meets at the little house in Jewel Park (next to the Pacific Grove Public Library) to read and discuss poetry. Participants choose which poet we will study each month. There is no cost for this event. If you would like to join the informal poetry circle, send Susie an email request and she will add you to the mailing list. soosea@sbcglobal.net.

From Ted: Peaceful Communication Group: This class/group will assist you to connect with others in a more meaningful and harmonious way. Learn ways to soften conflict, develop more healthy, honest, warm, empathetic and open relationships with others and yourself. The group is held on the second and fourth Thursdays. 7:15 – 7:30 arrival time and 7:30 the group starts. Call or text Ted for more information and directions. Call [831-449-1953](tel:831-449-1953) or email tedsup@live.com.

Yoga at Evolution Studio: Need a little quiet TLC? Come in for a soft landing at Restorative Yoga Wednesdays at 6pm. www.evolutiontransformativearts.com

List your business, for sale items & help offered/ wanted ads here, free! Submit 1-2 lines to Lisa.

*Submit your May newsletter listings by **noon on April 30** to:
wholehearted@thebirdsings.com*