

# WHOLEHEARTED Community Newsletter

## March 2017

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Spring is coming! All of our season songs are now posted on the website:  
<http://wholeheartedchorus.org>. Go there to get information about our schedule, download the latest newsletter or pay for the season.

### Season Singing Calendar

March 6 – Special Monday Night Community Singing at Evolution with Debbie Nargi-Brown  
March 13 – Special Monday Night Community Singing at Evolution with Vernon Bush  
March 20 – Special Monday Night Community Singing at Evolution with Debbie Nargi-Brown  
March 27 – Special Monday Night Community Singing at Evolution with Heather Houston  
April 3 – Happy Girl Community Dinner after Monday singing  
April 15 & 16 – Wholehearted Spring Singing Camping Retreat in Big Sur  
April 29 – Optional Singing Event at Big Sur Earth Day Fair (see community calendar)  
May 2 – Happy Girl Community Dinner after Monday singing  
Friday, May 12 – Wholehearted Spring Season Concert in Big Sur  
Monday, May 15 – Wholehearted Spring Season Concert in Pacific Grove  
May 18-21 – Song Village Festival in the Santa Cruz Mountains. This is not a Wholehearted event, but *highly recommended!* 4 days of singing with Lisa G and many other amazing song leaders. This will sell out! Register soon at: <http://songvillage.net>.

### March Birthdays

Cynthia Fernandes	3/3	Blaze Lazarony	3/18
Ellie Kincade	3/22	Catherine Crockett	3/28

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### Community Calendar

**Sunday, March 19<sup>th</sup>, 5-7pm – Dances of Universal Peace** at Universalist Unitarian Church on Aguajito Road. Carmel, CA. If you enjoyed Laurence Cole, then you will enjoy Sufi Dancing. Dancing and singing prayers from various spiritual paths, honoring universal wisdom and the way of peace, love, harmony, beauty, and compassion. Transformative every time! Every third Sunday.

**Saturday, March 25<sup>th</sup>, 7:30pm - AFTER THE STORM, a fundraiser for the Big Sur community at the Carl Cherry Center for the Arts**, 4th & Guadalupe in Carmel. Featuring members of our Wholehearted Chorus singing songs of inspiration and healing. Conceived by Michael Lojkovic, the evening also features guest artists and spoken word poetry from an array of visionaries. Tickets start at \$20 donation and can be purchased in advance through Pilgrim's Way Books. ([www.pilgrimsWay.com](http://www.pilgrimsWay.com)) or by calling [831-624-4955](tel:831-624-4955). For more info on how you can help, please call/text Michael at [831-869-2819](tel:831-869-2819) or [mlojkovic@yahoo.com](mailto:mlojkovic@yahoo.com)."

**Sunday, April 2nd , 2pm – Sunday, April 2nd, 2-4pm- “Wake Up! It’s Time to Dissolve Racism and Build the Brides to Equality.”**with LaVerne McLeod hosted by the Breakthrough

Men's Community and the Village Project. 1069 Broadway (near the Seaside Post Office.) Free and open to the public.

**Saturday, April 29th, 1-5:00pm, B-SAGE (Big Sur Advocates for a Green Environment)'s 5<sup>th</sup> Annual Earth Day Fair at the Big Sur Grange.** Environmental exhibitors, arts & crafts, organic foods and singing. Optional singing event for Wholehearted members. Bring cash for crafts and foods. A great day for learning, fun and entertainment!

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## Angels, Appreciations & Spreading the Love

I want to offer an extra shout out to the many unsung heroes in our tribe who go out of their way to offer rides to community members in need. I know **Catherine Crockett, Johnny Pierce and Bill Hunter** do this often, along with many others. Thank you for this generous act of service in support of our community.

Thank you **Karen Lehman** for hosting such a wonderful gathering after our last Monday class in February!

~ Lisa

**From Janette:** Through my last show and your personal donations we raised the funds necessary for Magdalene's enrollment in the Kiserian Senior Academy for Girls. (Nancy's daughter.) Now I have come up with a plan that will allow her to complete the high school education but I need the help of more sponsors. I am looking for partners who will join me in contributing \$25 per school term (\$75 annually). Since this year is partially completed, remaining tuition for 2017 is just \$50 per sponsor. Next term is due April 25. **Any** amount of a contribution towards extra expenses for next year would cover Magdalene's uniforms, shoes, schools supplies. Together a small number of us can make a big difference in the life of one Kenyan girl. Thank you, Janette 831-915-0849.

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## Community Announcements & Business Listings

**Song Bath Tuesdays with the Threshold Choir:** Take a break from your troubles and receive a Tuesday night song bath on the last Tuesday of the month. Relax in our reclining chair, close your eyes and be soothed by gentle song. The Threshold Choir of PG offers this service at no charge. We also travel to community members in need. Call Susie to reserve: [707-815-0745](tel:707-815-0745).

**From Ted: Peaceful Communication Group:** This class/group will assist you to connect with others in a more meaningful and harmonious way. Learn ways to soften conflict, develop more healthy, honest, warm, empathetic and open relationships with others and yourself. The group is held on the second and fourth Thursdays. 7:15 – 7:30 arrival time and 7:30 the group starts. Call or text Ted for more information and directions. Call [831-449-1953](tel:831-449-1953) or email [tedsup@live.com](mailto:tedsup@live.com).

**Yoga at Evolution Studio:** Need a little quiet TLC? Come in for a soft landing at Restorative Yoga Wednesdays at 6pm. [www.evolutiontransformativearts.com](http://www.evolutiontransformativearts.com)

*List your business, for sale items & help offered/ wanted ads here, free! Submit 1-2 lines to Lisa.*

*Submit your April newsletter listings by **9am on Monday, April 3** to:  
[wholehearted@thebirdsinqs.com](mailto:wholehearted@thebirdsinqs.com)*